



# RAI News

## MOTILAL NEHRU SCHOOL OF SPORTS RAI, SONIPAT

(An ISO 9001:2008 Certified Institution,  
Affiliated to CBSE, Member of IPSC, NPSC)

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### **RAISTS PUT UP A SCINTILLATING SHOW Our Pride - Class XII**



**Kajal**  
(VG-1148)  
94.8% Humanities



**Hardik**  
(SM-1149)  
93.4% Science



**Ishu**  
(SMG-1160)  
93.2% Commerce

### **Class X**



**Manish**  
(S-1207)  
94.8%



**Tanu**  
(SG-1220)  
94.2%



**Harsh**  
(1-1190)  
94%

The early declaration of the CBSE exam results brought a smile of happiness on the faces of the students especially those who got the results as per their expectations. Raists, too, got the similar results.

In class XII, Kajal VG-1148 topped the Humanities with 94.8%, Hardik SM 1149 was the highest scorer in the Science stream with 93.4%

while the commerce stream showed Ishu SMG-1160 on top with 93.2%. In class X, Manish S-12-07 got the first position with 94.8%, followed by Tanu SG-1220 with 94.2% and Harsh with 94% on the second and the third places.

In the individual subjects, Elsa Jose achieved the perfect score of 100 marks in Music. Deepanshi VG-1147 got the highest marks in English 97,



Geography 99 and History 94. Similarly Ishu SMG-1160 achieved the feat in Economics-91, Business studies-95 and Accountancy-95. Hardik SM-1149 got the highest marks in Physical Education-98 and Chemistry-95, Nitesh SK-1148, too, did the similar act by getting the highest marks 95 each in Physics and chemistry.

Summarily speaking, the class XII results show total 64 A-1 grades achieved in various subjects. Similarly the class X students got total 43 A-1 grades.

## Co-curricular Activities (Sr-Wing)

1. Inter-House Hindi Declamation Competition (for Juniors) was organised on 20.04.19. Among the individual positions, Chahat IG-1277 stood first, Yash S 1281 came second, while Anjali VG-1288 had to satisfy herself with the third position. Vishwas V-1320 and Parikshit SM-1310 spoke commendably well so they were appreciated and duly awarded with the Consolation Prize. Among the house positions, Varuna House topped the points tally.



*Chahat receiving her prize*

2. Inter-House Hindi One-Act Play Competition was organised on 27.04.19. The presentations showed the hard work, sincere effort and continuous practice put in by the participants,

the tutors and the housemasters. So they all got cordial applause from the audience. Again the Varunians came to the front winning the competition. Individually, Gaurav (V-1168) was adjudged the Best Actor and the Best Actress award went to Annu (IG-1160).



*Gaurav receiving his Best Actor award*



*Annu with her Best Actress Award*

3. The next competitive event in the series was Inter-House English Declamation which took place on 04.05.19. It was really a hard fought competition and a difficult task for the judges. When it came to the results, the first position was grabbed by Shweta IG-1284, followed by Rajat SM-1267 on the second position. The third rank was shared by Shakshi SM6-1335, Deepika VG-1294 and Disha SG-1296. This time Somans emerged as champions followed by Varuna and Surya on the second and the third places.





*P&D giving away the prize to Shweta*

4. Inter House English Debate for seniors was the next event to take place on 11.05.19. Kamini VG-1179 presented her views arguably and logically well so she was adjudged the best debater. Anjali SG-1189 followed her grabbing the second place. Ritesh got the third rank. Varuna House again snatched the top rank.



*P&D awarding Kamini*

5. 17.05.19 was the day when Inter House English Debate (for Juniors) was organised in the school. Individually, Ridhi SG-1333 achieved the top



*Ridhi being awarded by P&D*

position while the second position was bracketted by two students-Gagandeep S-1289 and Yogita IG-1275. This time Surya House won the competition getting the top position.

6. Inter House English Play Competition was the last competitive event which was organised on 20.05.19. All the participants put in their heart and soul into the competition and turned the stage show into a real life situation. Among the individual positions, Anjali SG-1189 got the Best Actress award, while the Best Actor award was bagged by Ishaank. The play by the Indra House was adjudged the best presentation.
7. 24.05.19 was the day of melodious treat for our ears when the musical and dance presentations were put up on the stage. About 100 boys and girls of both the wings participated in it performing solo/dual/group songs and dances. All the participants put up their presentations so well (with rhyme &



*Ishaank getting Best Actor award in I/H English Play Competition*



*Anjali being felicitated with Best Actress award in I/H English Play Competition*



*Vipasha performing her solo dance in Abhivyakti*

rhythm, with proper sur, laya and tal) that they kept the audience mesmerized and spell-bound for as long as 3 hours. It was really a good finish of the semester with melodious entertaining presentation.



*Tint-tots performing dance in 'Abhivyakti'*

## **Heights Scaled in Sports**

1. 17th HH Madhav Rao Scindia Invitational Cricket Tournament was held at Scindia



*MNSS Rai team with 17th HH Madhav Rao Scindia Invitational Cricket Championship*

School, Gwalior from April 01 to April 05, 2019. MNSS Rai got the first position. Mohit SM-1197 was declared the Best Batsman and Anish V-1163 the Best Bowler.

2. First All India IPSC U-17 Six-a-side Cricket Tournament was held at YPS Patiala from April 16 to April 18, 2019. MNSS Rai got the first position, Kaushal SM-1294 was declared the Best Batsman.



*MNSS Rai team with All India IPSC U-17 six-a-side cricket championship*

3. All India IPSC U-19 Cricket Tournament was held at Modern School, Delhi from May 12 to May 17, 2019. MNSS Rai got the second position Mohit SM-1197 was declared the Best Batsman.



*Mohit with his Best Batsman award posing with his coach Mr. Chandan Prakash*

## **Gymnastics:**

Senior/Junior Haryana State Artistic Gymnastics Tournament was held at Adarsh Senior Secondary School, Asandh from April 20 to April 21, 2019. Six students of MNSS Rai took



part in it and won 05 gold, 01 silver and 02 bronze (total 08) medals.

### **Horse Riding:**

Delhi Horse show was held at Delhi from March 28 to April 07, 2019. 27 boys and 01 girl of MNSS Rai took part in it and won 26 medals (08 gold, 07 silver and 11 bronze).

All India IPSC Horse Riding Tournament was held at Mayo College, Ajmer from April 12 to April 15, 2019. 15 boys and 02 girls of MNSS Rai participated in it and won 13 medals (05 gold, 02 silver and 06 bronze).



*New entrants in our stable*

### **Khelo India:**

Second Khelo India Youth Games was held at Pune (Maharashtra) from Jan 09 to Jan 20, 2019, 02 girls of MNSS Rai (Kajal SMG-1220 and Tanu VG-1262) represented Haryana in Volleyball and participated in it. 01 boy Ankush represented Haryana and won a silver medal.

### **Volleyball:**

Mini National Volleyball Tournament was held at Shirdi (Maharashtra) from April 21 to April 25, 2019. 03 girls of MNSS Rai-Tanu VG 1262, Prachi SMG-1297 and Harshita SMG-1301, represented Haryana and participated in it.

### **Lawn-Tennis:**

National School Games Tennis U-14 Tournament was held at Mumbai from Feb 04 to Feb 08, 2019. 02 girls. Vipasha VGK-1354 and Rhythm VG-1296, represented IPSC and won bronze medal.



*Vipasha and Rhythm with their medals*

MNSS Rai Tennis team participated in Sila Qui Tennis Tournament held at Sila Qui International School, Dehradun from April 26 to April 28, 2019. Anjali and Reena clinched team championship and bagged cash prize of Rs. 15000/-.



*Anjali and Reena receiving Championship and cash prize*

All India IPSC U-14 Boys Tennis Tournament was held at HPS Hyderabad from May 27 to May 30, 2019. Vitin won second Runner-up Trophy.

### **Boxing :**

National School Games Boxing was held at Bhopal from 03.01.19 to 09.01.19. 02 boys Anshul and Gaurav Gill represented Haryana and won 02 silvers.

## Shooting

13th IPSC Shooting Championship-2019 was held at Rajkumar College, Rajkot, Gujarat. 16 Girls of MNSS Rai participated in it and won 18 medals (11 gold, 3 silver and 4 bronze). The school took part in 4 team-competitions and achieved the first position in 3 competitions while in the 4th one got the second position. 6 girls qualified for SGFI National event.



*Shooting girls with their medals won in 13th IPSC Shooting Championship*

## Summer Camp

In order to develop skill & expertise and so to give extra training to the players, summer camp was organised in the school for Swimming, Volleyball, Archery, Shooting and Horse-Riding from 20.06.19 to 07.07.19. 36 girls and 19 boys attended it and got benefitted.

## KNS in Action

Series of events started with the Art Competition on 19.01.19 in which all the children participated. They put in their heart and soul, gave colourful shapes to their imagination and transformed them into beautiful concrete forms of pictures. All of their drawings caught the keen eyes and careful attention of the viewers and got due praise. In the end, the best 10 drawings were selected and duly appreciated and awarded.

Spelling contest was the next event to take place. Initially the whole school participated. Finally when it came to results, Payal SMGK-1418

from class IV, Manpreet. VGK-1415 & Sakshi IGK-1414 from class V and Jatin SK-1391 & Harshita SGK-1422 from class VI emerged as the Best spellers. When the average was calculated in each section, 4C, 5D and 6A turned out to be the Best Speller sections.

The long awaited Inter House Music & Dance Competition took place on 18.02.19 in which about 100 boys and girls participated in various events of music and dance. The performances showed the hard work, long practice and sincere effort put in their preparations. As a result, the audience were awe-struck and enchanted, when the participants were performing on the stage. The praiseful response from the audience was the well deserved reward for the participants. Solo song of Rajat SMK-1362 was adjudged the best, and the group song of Varuna House was proved to be the best. Among the dance performances, Vipasha VGK-1354 out-danced all the other dancers and got the first position. The group dance of Indra House snatched the top rank. Varuna House topped the final points tally.

The new academic session 2019-20 had its first event Inter-House Hindi Declamation on 01.05.19. Madhvi SGK-1397 got the first position followed by Aastha IGK-1386 and Akshita SMGK-1417 on the second and the third places. Among the house positions, Soma House topped the points tally.



*Headmistress KNS giving away the prize to Madhvi*

To observe and celebrate the environment Day has been a long cherished tradition. This year, too, it was celebrated on 04.05.19 with a lot of





*Environment Day Celebration-KNS kids in colourful attire presenting thematic dance*

pomp and show. Each class was given a particular theme related to the environment, to prepare 02 posters, 02 slogans, 02 quotations and 01 poem on the theme. The main theme was "Small hands bring big changes". On the appointed day, various items were presented-English poem, action song, speech etc. The Principal & Director was the Chief Guest. Ashima and Annu-Girls of 12<sup>th</sup> class were special observers.

On 17.05.19, Inter-House English Declamation Competition was the last competitive event. Anika VGK-1371 stood first, Utsav SMK-1385 and Payal SMGK-1418 were adjudged the joint second, while Nove SK-1373 got the third position. Soma House topped the points tally and got the first rank.



*P&D awarding Anika*

## **Professional Development**

On 18.01.19, a programme on 'Gender Sensitivity' was organised in the school conference. The presentation focussed on the point that there should be no gender based discrimination, more-

over an idea of understanding the people of opposite gender should be developed in such a way that no one should be debarred from advantage-social, cultural, political or constitutional one.

On 28.01.19, a workshop on career counseling was conducted for the class XII students. It was meant to help and support the students and equip them relevant information and knowledge, so that they can reach the selection of right career at the right time and at the right place.

Dr. Utkarsh Gupta and his team delivered a talk on 'Dental Hygiene', for the students on 02.02.19. The speakers laid stress on and reiterated the importance of oral health and dental hygiene.

On 06.02.19, 10 students of MNSS Rai went to Panipat Institute of Engineering and Technology, Panipat, to participate in PIET Mastros 2019. Ravi Sheoran took part in chess competition and stood second, while Hemant, Rahul, Yogest, Amit, Devesh, Rahul, Shubham and Dev participated in the quiz and got the second and the third positions.

On 04.04.19 Padamjeet Sehrawat, an Ex-Raist and motivational speaker & singer, presented his musical concert in the school. He, through his mesmerizing music, enthused energized and enlivened every one present there.



*Padamjeet Sehrawat enthusing the audience with his mesmerizing music*

A workshop was organised on 'Personality Development' in the school by Charmine Shekelton from 06.04.19 to 07.04.19. The workshop included the areas of table manners and mess etiquettes with other traditional spheres of growth and development of emotions, morality, character and intellect.

Mrs. Narender Kaur attended a District Level Junior Red Cross Counsellor's seminar from 16.04.19 to 19.04.19 held at Hindu Vidya Peeth, Sonipat.

On 13.04.19 Mrs. Rekha Lohan and Mr Sushil Kumar attended a workshop on 'Training for Lifeskills' by CBSE in Holy Family School, Gohana.

From 17.04.19 to 21.04.19 a workshop was organised by 94' batch in general and Lt. Col. Suresh Dhull in particular on 'ART OF Living' in KNS auditorium. The students of classes 10<sup>th</sup>, 11<sup>th</sup> and 12<sup>th</sup> participated in it.

A workshop on 'Career Counselling' was conducted by Dr. Ravindran, an eminent psychologist from ICRT, in the school on 15.05.19 for all the students and the staff members.



*Dr. Ravindran during his conversation with KNS children*

Mr. Manvir Singh and Mrs. Neelu Dahiya attended a workshop on capacity building in general and on gender sensitivity in particular on 18.05.19 at Shri ji International School.

