



RAI News

MOTILAL NEHRU SCHOOL OF SPORTS

RAI, SONIPAT

(An ISO 9001:2008 Certified Institution,
Affiliated to CBSE, Member of IPSC, NPSC)

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(For Internal distribution only)

Vol. 24 • November, 2021

Greetings to you!!

Very few have realised the meaning of real wealth that any can be possessed by any institution and that is the children which are literally the soul of any educational institution. Motilal Nehru School of Sports, Rai is an excellent example where everyone strives for perfection. This institution has been nurturing young minds since decades.

Even now strenuous efforts have been made to take the school at the pinnacle of glory of the yesteryears. The aim is to make it one of the best institutions of the country. Multiple activities

have been conducted in order to create a plethora of opportunities for the children and to give maximum exposure to our students that will shape them in more confident individuals. Students were given a chance to interview the alumni of our school as you shall read further in this edition of Rai news.

Activities like 'Run for Unity' was organised on the birth

anniversary of Sardar Vallabhbhai Patel to foster the ideologies of the 'Iron Man' among the youth. I strongly believe that we should not forget our roots hence we celebrated Haryana day and Diwali in which children participated with full 'Josh' and zeal. Communication skills and public speaking is an art and it is important to inculcate them at tender age, hence debates, both Hindi and English were conducted by our outstanding department of English and Hindi. Many of the alumni of the alma mater have been doing extremely well in defence services so just to direct and motivate the students in the direction of defence sector, a visit to Meerut cantonment was organized in order to create an opportunity for the students to explore the 'less ordinary life'. Also Lt. Col. Bharat Pannu and several other veterans were invited for motivational workshops. We also have worked to change the shape and structure of our junior wing by making it more cheerful and vibrant. Alumni of our school (batch 1996) celebrated the ex-raist day, which has been a long going tradition since decades.

Looking forward to receiving a favourable response from you all as we all together can bring the desired change.

With regards,

Colonel Ashok Mor
Principal & Director



TETE-A-TETE WITH MR. ROHIT AHUJA (S-77)

RECEIPT OF GOVERNOR'S MEDAL 1980 (EX-RAIST FROM THE SECOND BATCH)

He is an Ex Raist of second batch (S-77) and recipient of Governor's medal in 1980. He joined the school in 1974 in class VII and passed out in 1980. After passing out from the school, sought admission in Punjab Engineering College, Chandigarh and graduated as Mechanical Engineer from there. After that he did his Master Degree in Industrial & Systems Engineering from Rutgers University, New Jersey followed by his job as Mechanical Engineer in Manhattan, New York City. Presently he has been working in Munich Reinsurance, in Princeton, New Jersey.

Meenu: Sir, since you are from the initial batches, will you please tell us about MNSS, Rai of that time and also please share your journey in Rai?



Rohit Ahuja: Sure. MNSS, Rai was a very young school that time and lot of people were learning how to take the school forward and I was from 2nd batch. I joined the school in 1974 in class 7 and passed out in 1980. I had a wonderful experience in this school. We had very renowned staff and our principal was Col. Munindra Chandra. He was very impactful person who left many impacts on my life. There was lot of focus on sports and as well on academics. But as the school is named as Motilal Nehru School of Sports so some people think that it was sports focused but that wasn't really. When I joined the school, it was an awakening for me. I was happy to know that apart from my interest in sports there were other areas too for my development.

We used to have four houses - red, yellow, green and blue and I was in Red House. We started in various activities. We used to get up at 5 in the morning beginning with exercising, games, having breakfast together, attending classes, having lunch and a lot more. The best part of this journey was being together with friends and everyone taking care of each other not because it was a boarding school but because we live like a family. Those are my most cherished memories.

Sanjeev: Sir, which was your favourite game? Which game was given to you initially?

Rohit Ahuja: I used to play cricket and I don't think we were given game. We had to select it but if

there were too many children in one game, then they had to give. Lala Amarnath, the captain of Indian test match team was our coach and Kapil Dev used to come here for practice and we got selected to play for Haryana Cooch Behar trophy in 1978. It was very exciting time.

Meenu: Sir, what did you do after passing out from school?

Rohit Ahuja: After school, I went to Punjab Engineering College, Chandigarh. I did my Mechanical Engineering from there. Then I came to the US to do my master degree in Industrial Engineering & Systems Engineering from Rutgers University in New Jersey and then I started my job in Manhattan, New York City as a Mechanical Engineer. I have been working for a company known as Munich Reinsurance, in Princeton, NJ. I managed their applications in global support system since 1985.

Sanjeev: Sir, what do you think which qualities children should have but they lack today?

Rohit Ahuja: I think the ability to be conscientious and to be able to follow through what you want to do when you grow up. These days I don't think the students have clear idea about what to do. What's that they want to be. If they are clear in their goal then they can propel themselves in their career very early. They also must have moral values which make them noble human beings.

Meenu: Sir, how did MNSS, Rai help you to be the person you are now? What's the role of Rai in shaping your persona?

Rohit Ahuja: In school, I spent six years and that was the best part of my life. Not only I enjoyed that time, I learnt a lot. Whatever I am today, Rai provided the foundation. My entire personality

is what the school gave me. The school years are very critical in shaping your persona so take full advantage of what you get at school in your formative years. I am grateful to my school for shaping me in the way I am today.

Meenu: Sir, any incident that taught you the lesson of life in school?

Rohit Ahuja: Very good question. I will tell you about one incident, it may not appear very significant but it taught me one of the valuable lessons of life. I was the captain of cricket team in school and once we went to play in YPS, Patiala. Navjot Sidhu was in opponent team that time. On the day of the competition, I was late by 15 minutes and I thought that coach would allow me as I was the captain but he did not. We lost the match. After the match was over, my coach called me and asked me if I knew why I was taken out. I replied him that 'I was late'. He said that 'it was not the case. The reason was you were getting proud of yourself, you started thinking that you are the backbone of the team'. The important message was that it's not about win or lose, it's about team work that you have to be altogether. I wanted to give a message across through you that no one is important but the team. So I learnt the lesson that day that big picture should always be kept in mind.

Sanjeev: Sir, if given a chance which habit would you like to imbibe in children at a tender age?

Rohit Ahuja: Well, I think children should learn to be respectful to their elders, their teachers and make sure that they are punctual.

Sanjeev: Who was your inspiration when you were in school?

Rohit Ahuja: O.P. Kumar, my maths teacher, he always was very enthusiastic about whatever he did, even till today he is my inspiration, he always respected students. Respect is a two way process. He never did any partiality to anybody. He had a soft corner for me which I liked. He always helped me. He was always there to help whenever I required.

Meenu: What's your message for children at Rai?

Rohit Ahuja: Please continue what you are doing, be good, work hard and do well in life. Don't be shy or afraid of doing anything. Never think that there is something that you can't accomplish because it seems difficult. But if you want to accomplish, you will. Keep it up and never give fear a place in your heart. God bless you all.

Meenu: Thank you, Sir.

AN EXERCISE IN USE OF LANGUAGE

Be hungry about your life – A.K. Ahlawat

I still remember the day when my teacher in KNS asked me to read a passage from our English reader. I think I was in the second or third class that time. All was going well and I was hesitantly going over words very slowly and reading. My own voice echoed in my head and an excessive self-consciousness seized me. Then I got stuck at a word I didn't know and didn't have the foggiest idea, how to pronounce it.

I still remember that offending word so vividly. After all I had become the butt end of jokes from

my eager to tease classmates, after pronouncing it totally wrong.

The word was KNIFE. I had pronounced it first CANIFE, then CANFEE and several other versions. Each followed by lot of tittering from the class. Even though I didn't know much, I liked the shape and sound of English words. Of course I felt bad and insufficient at the disgrace I had earned, but not so bad on second thought. I admitted that I needed to improve. One cannot change the gears of one's mind like a car. I had a slow gear head as a

child. The want to one day improve in the handling of language, to reach a high level roamed like a fish in the aquarium of my wishes.

One day I found a tiny Collins Gem english dictionary. It was as big as a cake of bathing soap. I decided to read it from a to z many times over. I carried it everywhere and started memorizing words and their meanings. Then I started keeping a diary in which I wrote down difficult words and their pronunciations along with several examples

of their usage. I still have that dictionary, my first and favourite little book and best friend.

I dont think that the old saying, Clothes maketh a man is true. In my belief system, a person comes across as worth my while only if he or she can use the languages with beauty and finesse. It's an essential part of being cultured, to speak a language at its highest pitch of beauty and with the inherent music of its words not lost. Finest clothes cannot mask our deficient education.

RUN FOR UNITY

The Principal & Director flagged off the event of 'Run for Unity' which was organized on the birth anniversary of Sardar Vallabhbhai Patel. Such programmes foster the ideology of Sardar Vallabhbhai Patel among the youth and strengthen their dedication towards the nation. Not only this, such events inspire the young minds to keep themselves fit and remain united, harmonious and dedicated to their duties and responsibilities.

Class 9 students ran in the morning with zeal and fervor on the occasion. The run was about 2km and everyone seemed energetic and enthusiastic.



Run for Unity

MNSS RAI CELEBRATES HARYANA DAY

Our Principal & Director took an initiative to celebrate Haryana Day in the school to show great respect and honour to Haryanavi culture. 1st November is the day when our state came out of then Punjab and got its own existence. In this regard, a simple but sobre function was organized. Meenu, school girls' captain, started the stage activities with her speech mentioning the importance of Haryanavi culture and tradition. Ritika and Kirti presented Haryanavi dance and rocked the stage. The whole auditorium was in the grip of enjoyment when both the girls were performing the dance on the stage. The Principal & Director Col. Ashok Mor gave a special mention

of Government's initiatives to lay emphasis on the development of Haryanavi culture and traditions.



Haryana Day celebrations

DIWALI CELEBRATION IN MNSS, RAI WITH RELIGIOUS FERVOUR

Again an age old tradition revived in the school when the children celebrated Diwali on the campus. It was the first occasion for them to be here witnessing Diwali celebration and so it was a special experience too. They were all excited and enthusiastic to see the fireworks – the main attraction of the occasion.



The children also enjoyed crackers by bursting them individually in the hostels. The celebration also included a skit (dance-drama) presented by a group of girls. The celebration concluded with the worship of Lord Ganesh and Goddess Lakshmi in their respective hostels.



Diwali Celebrations

INTER HOUSE ENGLISH DEBATE COMPETITION

Inter house English debate was organised for both senior and junior categories on 26 November 2021. The topic for the seniors was- 'Financial status should be the only criterion for reservation' and for the juniors was –'Social media has improved human communication'. The chief guest of the event was the principal and director Col. Ashok Mor (retd). In the category for seniors, Yash (S-

1281) stole the first position. Meenu (VG-1258) and Tamanna (SMG-1270) were at second and third places respectively. Ishank (I- 1239) was given consolation prize by the principal & director.

In the junior category Kanishka Rathi (IG -1465) stood first followed by Khushi (SMG -1373) at the second place and Harshita (SG -1428) at the third



Interhouse English Debate

position respectively. The participants participated with enthusiasm and the audience contributed by being patient and attentive listeners. In the senior

category Suryans were the show stoppers with the first position and in the junior category, Soma house was winner.

MNSS RAI AT MEERUT ARMY UNIT

A group from MNSS, Rai comprising 52 students and 4 staff members visited Meerut cantonment on 9th November 2021. The trip was aimed to provide exposure to the students to the army functioning and life style. The delegation received a warm welcome at Pine House by GOC Major General Sanjay Hooda, who is an alumnus of MNSS Rai. The students interacted with various army officers and widened their horizon. There was a pictorial depiction of the role army deployed at Meerut during the revolt of 1857. There was a brief glimpse of Indian history in the Dharohar House.

A weapon and equipment display was organized wherein the students were informed about the firing capacity of various weapons. The students enjoyed the battle tank ride and got information about its functioning. A basketball friendly match was also played between MNSS Rai and the army unit. The match was won by MNSS Rai by 25-12. It had been a great learning experience for the students and the staff. The delegation was highly impressed with the incredible hospitality extended by the Indian army troops Meerut.



Basketballers at Meerut Army Unit



Mrs. Babita Hooda receiving a memento at Meerut Army Unit



Tete-a-tete with instruments

KNS REGAINED ITS LIFE

KNS got enlivened when the class 4 and 5 children landed there. At first, they were given warm welcome by a reception committee at the school gate. The school was given a new look with a colourful decoration- walls with beautiful pictures and designs, well painted furniture, overall floral beauty attracted the children as well as the parents. A non-traditional, different, surprising but pleasing welcome was really a new heartening

experience. They were also given a token of love by the Headmistress. Moreover, the P&D's interaction not only enthused the parents and supported their decision to put their children in MNSS Rai but also convinced them about the safety, growth and better prospects of their wards.



DAREDEVIL SPIRIT CONQUERS

MNSS Rai invited Lt. Col. Bharat Pannu, a renowned Cyclist for a motivational workshop. Lt. Col. Bharat shared his amazing experiences in ultra-distance cycling. He holds two Guinness World records. He covered 472 km distance from Leh to Manali in Oct. 2020 and Golden Quadrilateral (5492km) in October 2020. He has also successfully attempted India W-E (3800 km) yet to be certified. Col. Pannu won Ultra Spice race 2019 of 1750 km and has been holding course record for the same with the timing of 95hr 47min. He also holds WUCA record for fastest solo cycling from Kashmir to Kanyakumari in 08 days and 09 hours. He discussed about the careers in cycling. He talked about the challenges in cycling journey. Staff and students eagerly listened about his exploits. The Principal & Director, Col. Ashok Mor thanked Lt. Col. Bharat Pannu for his



P&D Col. Ashok Mor with Lt. Col. Bharat Pannu

informative and highly motivational guest lecture. Col. Mor assured the students that in case they would like to opt for career in cycling, the school administration will definitely provide support.

The Ex-Raists day was celebrated on 28 November 2021. It is a day for which all the old students of the school wait the whole year as it is their reunion day. It is celebrated every year on fourth Sunday of November. Many students from various batches had come from all over the country. This year the chief guest was Mr S K Mishra, a retired IAS officer. Mr Mishra was the founding father of the institution. In his speech he recalled the time



P&D Col. Ashok Mor honouring Mr. S.K. Mishra

when the school was in its infancy. All the former principal and directors had also been invited on the occasion. The ex-students interacted with the present students and shared their experiences. The batch of 1996 celebrated their silver jubilee. The program started with wreath laying ceremony on the Martyrs Memorial. The principal and director Col. Ashok Mor paid homage to the school martyrs. The wreath laying ceremony was followed by the assembly where in the students from 96 batch felicitated their teachers and the supporting



P&D Col. Ashok Mor paying homage to Mr. Y.P. Bhardwaj



P&D Col. Ashok Mor paying homage to the martyrs of the school

staff. The principal & director took a pledge that he will strive to make the school as one of the best schools in the country. The assembly was followed by a short cultural programme that was held in the cricket field. The school was beautiful decorated. The ex-students students cherished their memories and returned home with more memories of the day.

INTER-HOUSE SPORTS COMPETITIONS

Cricket

From 28th October to 30th October 2021, Inter-House Cricket Competition held. In the boys' group, Soma House boys were on the top rank, while the girls of Varuna House snatched the top position in the girls' category. Somans were the overall winners. Varuna House, not far behind, got the second position.

Tennis

I/H Tennis championship was held on 9th and 10th November 2021. In the boys group, Indra House secured the 1st position while in girls group, Suryans were ahead of others. In overall ranking Surya and Indra Houses had a tie and both were at the first place with same points.